

College Partnership Program (CPP) Goals and Data

Population: Most of the CPP students are first generation college students who are typically underrepresented in higher education.

Need of group: Based on a needs assessment I gave to CPP students in our first meeting, the students are struggling the most with stress management, the financial aid and scholarship process, and writing college essays. During our sessions throughout the year, I will address these topics through various activities and provide check out sheets after each meeting and a final needs assessment to determine if progress is made in each of the areas listed above.

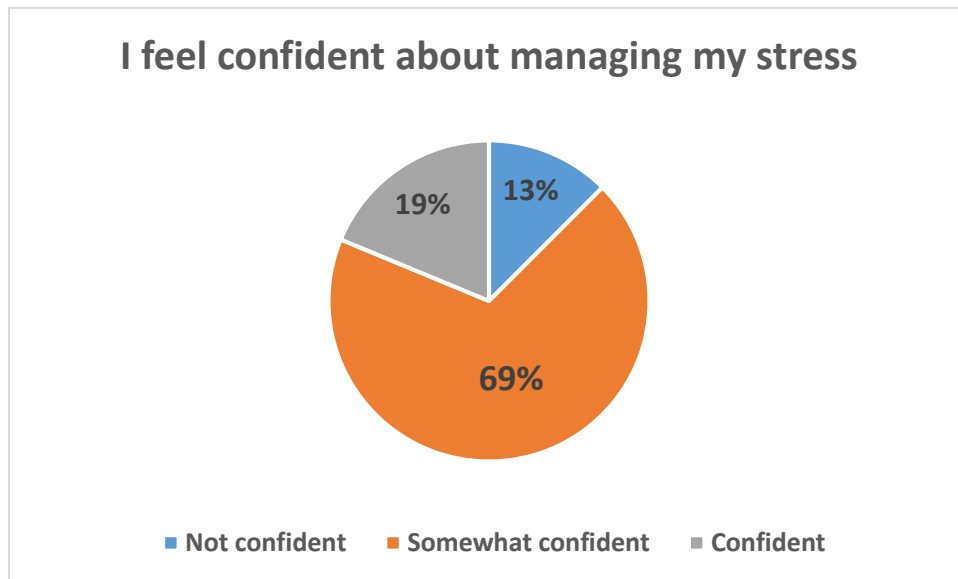
Baseline data from pre-test:

- 42% of students are not confident with their stress management skills.
- 41% of students are not confident with the financial aid process (i.e. FAFSA)
- 36% of students are not confident with their essay writing knowledge for college.

Goal Statement: By the end of this academic year, 100% of CPP students will report feeling “confident” or “somewhat confident” in their knowledge of stress management techniques, the financial aid process, and how to write a college essay.

Check-Out Sheet Data (given at end of each lesson)

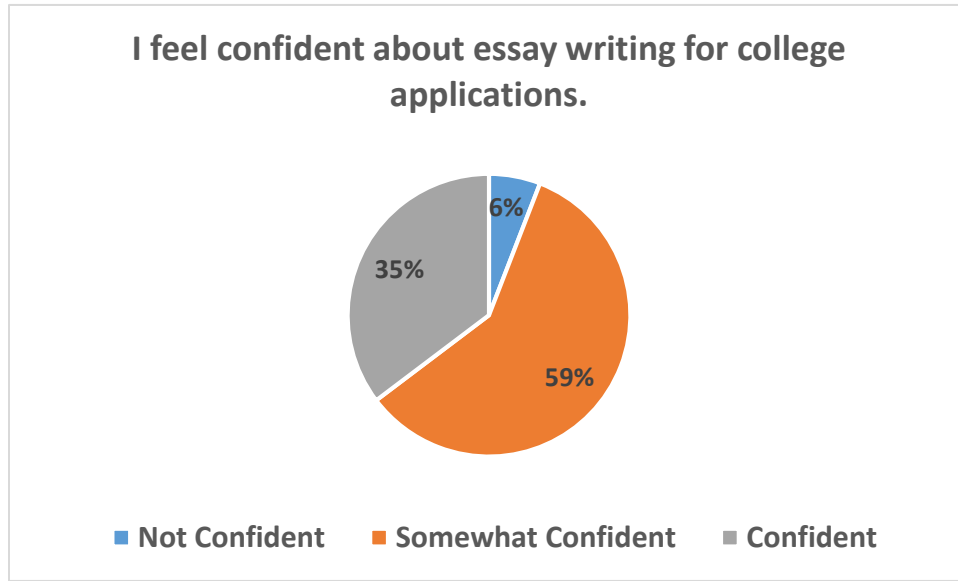
Regarding Stress:



Analysis:

88% of students said they were somewhat confident or confident about managing their stress after discussing stress and participating in a couple of stress reduction activities. Although not all of the students said they felt confident, 100% of students wrote down at least one strategy that they use when they are feeling stressed. I would like to see, by the end of the year, the 13% of students decrease who are not confident with stress management.

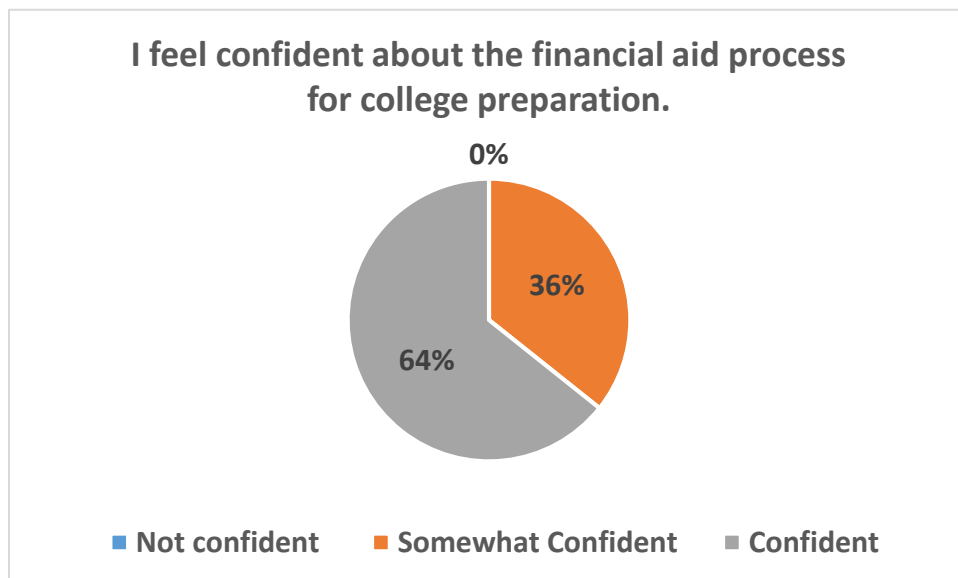
Regarding Essay Writing:



Analysis:

94% of students said they were somewhat confident or confident about essay writing for college after a guest speaker helped students walk through a brainstorming activity for writing a good essay for college.

Regarding the Financial Aid Process:

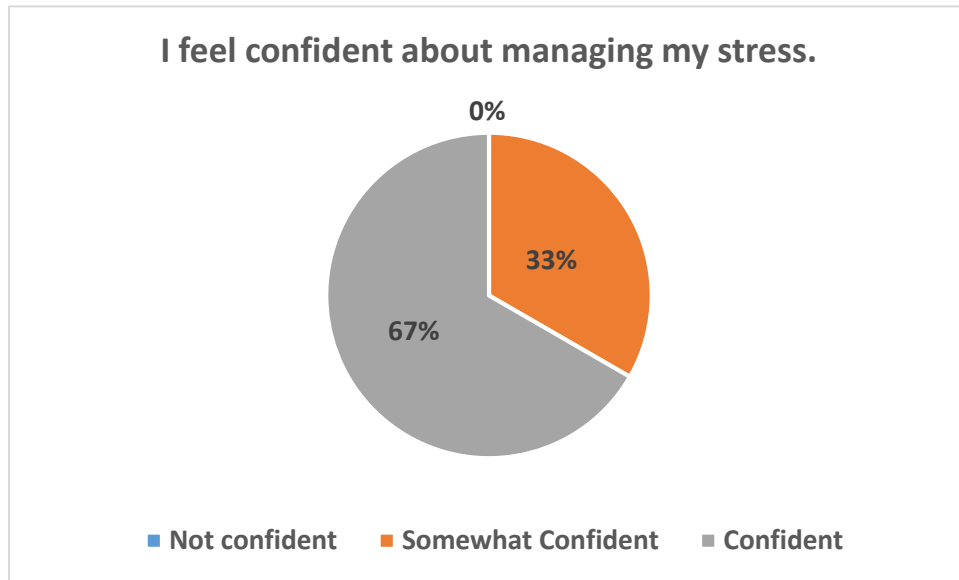


Analysis:

100% of students reported feeling confident or somewhat confident in their understanding of the financial aid process. During this meeting, I showed students where to find scholarship and financial aid resources. I also provided them with a tip sheet with important information regarding financial information. I believe that the students were able to understand the process better when having tangible information provided to them.

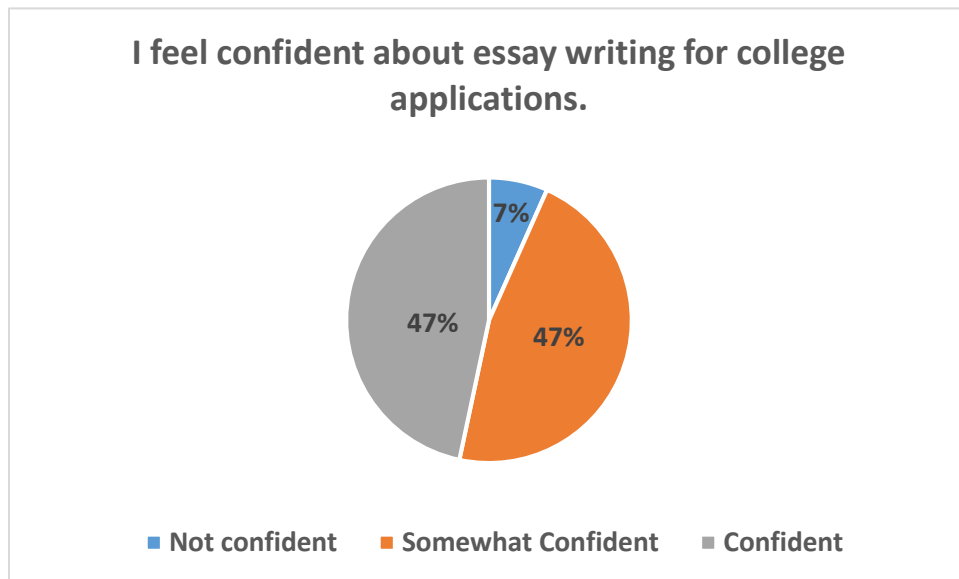
Final Post-Test Data

Regarding stress:



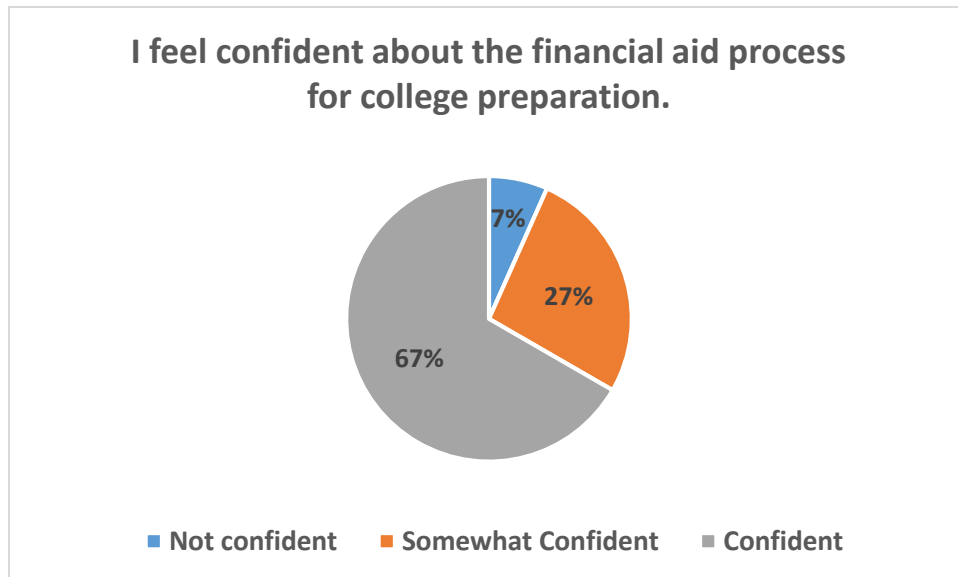
Analysis: Fortunately, 100% of students reported feeling confident or somewhat confident about managing their stress. This number has increased from the original check-out sheet when only 88% of students said they felt confident or somewhat confident about managing their stress. I am hopeful that we provided resources for the students in our group meetings to help our students cope with the stressors that they face every day in high school.

Regarding College Essay Process:



Analysis: This data is pretty similar to the check-out sheet provided to students. 94% of students said they were confident or somewhat confident in writing their essays, but the percentage of students who said they were confident in the check-out sheet decreased in the final needs assessment. This shows me that the activity we completed regarding college essays may not have remained with our students as time went on. This is something to consider for next year.

Regarding Financial Aid Process:



Analysis: When we completed the check-out sheet earlier, 100% of students said they felt confident or somewhat confident about the financial aid process. At the final needs assessment, 7% of students said they were not confident. Just like with essay writing, I believe that the activity that we did in the earlier session was very helpful in that moment, but it is difficult to retain that knowledge over time.

Overall snapshot of data from pre-test to post-test:

Pre-test:

- 42% of students are not confident with their stress management skills
- 41% of students are not confident with the financial aid process (i.e. FAFSA)
- 36% of students are not confident with their essay writing knowledge for college

Post-test:

- 0% of students reported feeling not confident about managing their stress
- 7% of students reported feeling not confident with their essay writing skills
- 7% of students reported feeling not confident with the financial aid process

As you can see, there was a significant decrease in the number of students who were not feeling confident with stress management, the financial aid process, and essay writing at the beginning of the year.

The goal statement was that by the end of this academic year, 100% of CPP students will report feeling “confident” or “somewhat confident” in their knowledge of stress management techniques, the financial aid process, and how to write a college essay. 100% of students reported feeling “confident” or “somewhat confident” about managing their stress, but only 94% of students reported feeling that way about the financial aid process and writing a college essay. Although those two domains did not reach 100% of students, I believe the lessons I created for CPP were helpful, and now I can begin to think of other strategies that could be helpful for my students in our meetings.