Career Exploration

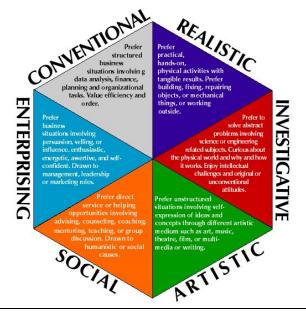
Introduction: What kind of majors/jobs do you think are acceptable? What messages have you received about **work, money, success, how to be a good person,** and **advice** that has stuck with you? How has that influenced who you are?

Please reflect on the following questions, remembering your future career interests and values.

Option 1: Major and Career Influences	Option 2: Values Surrounding Career
What are common careers in your family? Are there any themes?	What messages are you receiving/ have you received about:
 What are common majors your friends have? 	Money? Ex. Money is important/ not important because
 What are the messages you're getting about careers and majors? 	Success? Ex. In order to be successful, I must
What or who are the major influences or influencers in your life?	How to be a good person? Ex. I am a good person when

What are the results of your RIASEC? What did you expect? What surprised you? What do these results make you think about a potential career?

What's Your Type?



Realistic	Activities: Practical, hands-on problems and solutions. Materials: Plants, animals, and real-world materials like wood, tools, and machinery. Occupations: Working outside, NO paperwork, and independent work. Potential Study Strategies: Hands-on activities through trial and error to apply ideas.
Investigative	Activities: Ideas, thinking. Occupations: Involve searching for facts and figuring out problems mentally. Potential Study Strategies: Work with figures, facts, ideas; like to gather info on new topics.
Artistic	Activities: Creating Materials: Forms, designs and patterns. Occupations: Self-expression; less structure and rules. Potential Study Strategies: Learning things that have personal meaning, relevance, or importance.
Social	Activities: Working with, communicating with, and teaching people. Occupations: Helping or providing service to others. Potential Study Strategies: Working in small groups, verbally processing information; being collaborative.
Enterprising	Activities: Starting up and carrying out projects. Occupations: Leading people, risk taking, and making many decisions. May involve business. Potential Study Strategies: Setting personal goals, knowing steps of a process (i.e. writing a paper)
Conventional	Activities: Following set procedures and routines. Occupations: Working with data and details (more than ideas). Likes taking direction rather than giving it. Potential Study Strategies: Plan things out, take time to understand, and reflect on things you are learning.

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